THE CANADIAN BAR ASSOCIATION
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L'ASSOCIATION DU BARREAU CANADIEN
KANATAMI MALIGALIRIYIQATIGIINUT KATUTJIQATIGIIT

Nunavut Branch
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Division du Nunavut
Nunavutmi Katujikatigit

The Nunavut Lawyers Assistance Program (NuLAP), in partnership with Alberta Assist
Presents:
PEER SUPPORT PROGRAM TRAINING

Program Leader: Marian V. De Souza, QC, Executive Director, Alberta Assist

Friday, May 29, 2015

9:00 am- 2:00 pm

4th Floor Multi-Purpose Room, Building 1106, Iqaluit

Refreshments Provided

What is the Peer Support Program?

- Peer Support occurs when someone shares their knowledge and experience, whether practical, emotional, or social, to help another person.
- Peer Support is a voluntary service offered through NuLAP and Alberta Assist that can be used on its own or in conjunction with professional counselling services
- Peer Support is confidential, within legal & ethical boundaries, in all situations.
- All interactions are discreet, confidential, and respectful.

What Can I Expect as a Volunteer?

- An opportunity to help lawyers who are in need of emotional, personal, or career-related support.
- Training outlining your responsibilities and developing skills as a Peer Support Volunteer
- A chance to offer support, encouragement, and referral to appropriate resources.
- The ability to accept or decline peer support matches depending on your comfort level and previous experiences.
- A network of support through Assist's Peer Support program and Professional psychological Services

How Do I Get Involved?

- RSVP to John L. MacLean, Past President, CBA Nunavut Branch by Monday, May 25, at 867-975-6323 or jmaclean@gov.nu.ca.
- For more information, see Alberta Assist's website: www.albertalawyersassist.ca

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